

## What if I suspect my pessary has caused an infection?

If you think your pessary is causing infections. Try to find the root cause. Some questions to ask yourself.

1. Is the infection brought on a day after intercourse?
2. What am I cleaning my pessary with?
3. How am I drying my pessary?
4. Where do I store my pessary when not in use?
5. Do I wash my pessary before inserting it after being in storage?
6. Do I use lubricant? What type? Is it in date?
7. Is there a small, discharge with the infection?
8. Does the infection occur after insertion of the pessary? How long after insertion and what are the symptoms.
9. When was my last vaginal examination?